



### **Kit List for Eagle Ski Club Course**

Please ensure that you have all of this kit before the beginning of the course.

If you have any difficulty in obtaining the kit then email [alison@offpiste.org.uk](mailto:alison@offpiste.org.uk) for advice.

- Skis, with either alpine or touring bindings.
- Boots (either alpine or touring will be suitable).
- Ski poles (having larger baskets is ideal).
- Shovel, transceiver and probe (ensure the transceiver has fully charged batteries).
- Food and drink to keep you going for a 3 hour session.
- Suitable clothing for the prevailing conditions (sometimes you will be stood listening and other times you will be working hard!)
- Goggles and / or sunglasses.
- A rucksack to put it all in, with space for removing layers.
- Helmets are strongly recommended.

### **Where can I hire ski equipment?**

[Sanglards](#) in Chamonix offer a great service have their own parking, and you can hire ski touring equipment and transceivers from them too.

If you are staying in Argentière, then [Grand Montets Sports](#) are right at the bottom of the lifts making it easy to pick up your ski equipment.

[Ski Perf](#) is an excellent shop in Les Houches with a friendly owner - an excellent place to get your skis serviced too.

### **Day with IFMGA Mountain Guide**

If you are joining for the additional day with the IFMGA Guide, please bring all of the above kit and the following

- Food and drink to keep you going for a full day
- Harness for skiing on the glacier (please let Alison know if you do not have one as the guide can provide you with these)

This day has been designed as an off-piste day rather than a touring day deliberately so that it is accessible to all those who have signed up to this course. However, if all of the participants have touring kit and have toured before, the guides may choose to do a short tour. Therefore, if you have touring skis, skins and ski crampons, please bring them.