



## Kit List for Eagle Ski Club – Introduction to Touring

Please ensure that you have all of this kit before meeting on the first morning of your course.

If you have any difficulty in obtaining the kit then email [alison@offpiste.org.uk](mailto:alison@offpiste.org.uk) for advice.

- **Shovel, transceiver and probe** (ensure the transceiver has fully charged batteries)
- Skis with touring bindings
- Ski touring boots
- Ski poles (having larger baskets is ideal)
- Food and drink to keep you going for the day
- Ski clothing – lots of layers to keep you warm when standing around and but so you can remove them for travelling uphill
- Skins to fit your skis
- Ski crampons
- Google and sunglasses (if you normally ski in goggles you find sunglasses much better for when you are skinning uphill)
- **Harness**
- **Ice Axe**
- **Crampons**
- A rucksack to put it all in – 30 litres is ideal

Helmets are strongly recommended.

It is possible to borrow the items in bold from us, but please do let us know in advance.

### Where can I hire ski equipment?

[Sanglards](#) in Chamonix offer a great service have their own parking, and you can hire ski touring equipment and transceivers from them too.

If you are staying in Argentière, then [Grand Montets Sports](#) are right at the bottom of the lifts making it easy to pick up your ski equipment.