



### **Kit List for Ski Performance Scotland**

Please ensure that you have all of this kit before meeting on the first morning of your course. If you have any difficulty in obtaining the kit then email [alison@offpiste.org.uk](mailto:alison@offpiste.org.uk) for advice.

- Shovel, transceiver and probe. Ensure the transceiver has fully charged batteries.
- Skis, with either alpine or touring bindings.
- Boots (either alpine or touring will be suitable).
- Ski poles (having larger baskets will be better for skiing powder).
- Food and drink to keep going for a full day (However it is anticipated that you will stop at a café for lunch).
- Suitable clothing for the prevailing conditions (sometimes you will be stood listening and other times you will be working hard!)
- A small rucksack to put everything in.

Helmets are strongly recommended.

Where can I hire ski equipment?

Aviemore Tiso

<https://www.tiso.com/shops/aviemore>

Perth Tiso

<https://www.tiso.com/shops/perth-outdoor-experience>

Active Outdoor Pursuits

<http://www.activeoutdoorpursuits.com/category/equipment-hire/>

Cairngorm Mountain Sports

[http://www.braemarmountainsports.com/index.php?main\\_page=contact](http://www.braemarmountainsports.com/index.php?main_page=contact)

If you are hiring equipment from one of these stores, we recommend booking this in advance as stocks are limited.

We are able to provide you with use of transceiver, shovel and probe for the course (free of charge). Please let us know in advance if you need to borrow this kit.