



Kit List

Chamonix Off Piste & Touring Skills – Progression Course

Please ensure that you have all of this kit before meeting on the first morning of your course. If you have any difficulty in obtaining the kit then email alison@offpiste.org.uk for advice.

- **Shovel, transceiver and probe** (ensure the transceiver has fully charged batteries)
- Skis with touring bindings
- Ski touring boots
- Ski poles (with larger baskets)
- Food and drink to keep you going for the day
- Ski clothing – lots of layers to keep you warm when standing around and but so you can remove them for travelling uphill
- A warm hat and gloves, plus a pair of thin dexterous gloves
- A sunhat for skinning (if the weather looks to be hot)
- Skins to fit your skis
- Ski crampons
- Goggles and sunglasses (if you normally ski in goggles you find sunglasses much better for when you are skinning uphill)
- Helmet
- **Harness**
- **Crampons**
- **Ice axe**
- Mobile phone with Chamonix PGHM (+33 (0)4 50 53 16 89) and Chamonix Piste Rescue (+33 (0)4 50 54 04 73) numbers programmed in
- A rucksack to put it all in, and with a ski attachment system. 30 L is an ideal size.

It is possible to borrow the items in bold from us, but please do let us know in advance.

Where can I hire ski equipment?

[Sanglards](#) in Chamonix offer a great service have their own parking, and you can hire ski touring equipment and transceivers from them too.