



Off Piste Rover – Gressoney Sample Programme

This is a sample itinerary, which may vary considerably. The exact itinerary will depend on the prevailing weather and snow conditions, and the group experience and aspirations.

Pre-Course

Arrive in Gressoney and meet at the Hotel De Gletscher. Pre-course meeting to plan the week.

Day 1

Introduction to off-piste skiing in Gressoney with two half-day sessions one with Andy looking at the fundamental skills needed for being effective off-piste skiing. Second session with James skiing some of the classic Gressoney runs. Refresher in avalanche rescue procedure etc.

Day 2

Off Piste Skiing at La Grave. Ski coaching with Andy, with the aim of gaining confidence on more challenging terrain. This is an opportunity to ski some of the longer runs and/or glacier skiing with Andy and James.

Day 3

Ski touring day: with the aim of completing a longer itinerary accessed by one or more short skins. An opportunity to reach interesting and varied terrain in the area surrounding Gressoney. With two of us there is the opportunity to offer a couple of different tours should aspirations dictate. This evening we will stay in the Orestes Hutte.

Day 4

Off-Piste Skiing Gressoney. Ski Coaching/Guiding, perhaps the day to build on those skills and try some of the steeper couloir variations that Gressoney offers. Or simply ski some powder high up...

Day 5

Ski touring day: with the aim of completing a mid length, medium altitude tour in interesting and varied terrain in the area surrounding Gressoney. This will involve practicing touring skills on ascents, efficient transitions & ski skills in descent.