



Kåfjord-Nordreisa – Sample Programme

This is a sample programme, which may vary considerably. The exact programme will depend on the prevailing weather and snow conditions (which can be changeable due to the maritime influence), group experience and aspirations.

Arrival Day:

Arrive in Tromsø (TOS) and self-transfer to **Clarion Edge Hotel**, Tromsø.

1500: Meet IFMGA Mountain Guide at Clarion Edge Hotel. Journey to Kåfjord by road and ferries, crossing the Lyngen Peninsula. Total journey time is around 2.5 hours.

1830: Pre-course meeting to introduce Off Piste Performance staff, the area, as well as review weather and avalanche conditions. We will also carry out a kit check and discuss rescue and emergency procedures.

Guidebooks and maps will be available to give an overview of the area along with suitable objectives for the week. We will also discuss aims and aspirations to accommodate these during the week.

1900: Dinner. These trips are catered on a full board basis. Dinner will be cooked by our catering manager and we will all eat together in the guests cabin.

Day 1 - 6 Ski touring around Kåfjord and Nordreisa

The main aim of the programme will be to do day ski tours around Kåfjord and Nordreisa. There are a wide variety of mountains available in these areas which are easily accessible by road. "Ski to the sea" opportunities abound with reliable snow cover.

A short practical session on avalanche rescue procedures is likely to take place at the start of these days, as a short refresher or introduction to the subject.

Objectives and associated timings for each day will be chosen and scheduled to meet the weather, avalanche conditions, aims and aspirations of the groups. A typical day is likely to have the following format:

0730: Breakfast

0830: Briefing

0900: Departure

1600-1700: Return to our base at Olderdalen.

1715: Tea & Cake (Fika)

1900: Dinner

Objectives may include summits such as Kjelvågtinden (1104m), Uløytinden (1116m), Storhaugen (1142m), Sorbmegaisa 1288m, and Giilavarri 1163m.

Departure Day: 0730 departure from Olderdalen to arrive in Tromsø by 1200. Transfer to Tromsø (TOS), and departure.