



Kåfjord-Nordreisa – Sample Programme

This is a sample programme, which may vary considerably. The exact programme will depend on the prevailing weather and snow conditions (which can be changeable due to the maritime influence), group experience and aspirations.

Arrival Day:

Timing TBC: Arrive in Tromsø (TOS) and self transfer to **Clarion Edge Hotel**, Tromsø.

1830: Pre-course meeting to introduce Off Piste Performance staff, the area, as well as review weather and avalanche conditions. We will also carry out a kit check and discuss rescue and emergency procedures.

Guidebooks and maps will be available to give an overview of the area along with suitable objectives for the week. We will also discuss aims and aspirations to accommodate these during the week.

1930: Dinner. In Tromsø we will eat locally in the city. This will provide another opportunity to discuss any aims, aspirations, ask questions or make any last minute requests.

Day 1 Transfer to Olderdalen and short ski tour.

0700: Breakfast. A full breakfast will be available at the Clarion Edge Hotel prior to an early departure to Olderdalen.

0830: Departure. The transfer to our accommodation in Olderdalen will take approximately 2.5 hours with two ferries crossing the Lyngen Peninsula.

This first travel day also includes a “shake down” ski tour, the location being selected with respect to weather, prevailing avalanche conditions and the nature of the group. Objectives such as Giilavárri (1163m) and Storhaugen (1142m) make ideal choices in good weather.

The main aim will be to test our ski equipment, and provide a suitable warm-up etc.

1800: Return to our base in Olderdalen.

1930: Dinner These trips are catered on a full board basis for the rest of the period of our stay in Olderdalen.

Days 2-6 Ski touring around Kåfjord and Nordreisa

The main aim of the programme will be to do day ski tours around Kåfjord and Nordreisa. There are a wide variety of mountains available in these areas which are easily accessible by road. “Ski to the sea” opportunities abound with reliable snow cover.

A short practical session on avalanche rescue procedures is likely to take place at the start of these days, as a short refresher or introduction to the subject.

Objectives and associated timings for each day will be chosen and scheduled to meet the weather, avalanche conditions, aims and aspirations of the groups. A typical day is likely to have the following format:

0730: Breakfast

0830: Briefing

0900: Departure

1600-1700: Return to our base at Olderdalen.

1715: Tea & Cake (Fika)

Objectives may include summits such as Kjelvågtinden (1104m), Uløytinden (1116m), Storhaugen (1142m), Sorbmegaisa 1288m, and Giilavarri 1163m.

Departure Day: 0730 departure to arrive in Tromsø by 1200. Transfer to Tromsø (TOS), and departure.