



Narvik – Sample Programme

This is a sample programme, which may vary considerably. The exact programme will depend on the prevailing weather and snow conditions (which can be changeable due to the maritime influence), group experience and aspirations.

Narvik + Ski Coaching

Arrival Day: Arrive in Narvik, options via Harstad/Narvik Evenes Airport (EVE) or by train. Settle in to Narvik Hotel Wivel.

Day 1 Pre-course meeting and ski coaching at Narvikfjellet

0900: Pre-course meeting to introduce Off Piste Performance staff, the area, and ski coaching aims for the day.

1000-1700: Ski coaching at Narvikfjellet

Day 2 Ski coaching at Narvikfjellet

0900: Briefing

1000-1700: Ski coaching at Narvikfjellet

Narvik (Ski Guiding)

Arrival Day: Arrive in Narvik, options via Harstad/Narvik Evenes Airport (EVE) or by train. Settle in to Narvik Hotel Wivel.

1830: Pre-course meeting to introduce Off Piste Performance staff, the area, as well as review weather and avalanche conditions. We will also carry out a kit check and discuss rescue and emergency procedures.

Guidebooks and maps will be available to give an overview of the area along with suitable objectives for the week. We will also discuss aims and aspirations to accommodate these during the week.

1930: Dinner. This will provide another opportunity to discuss any aims, aspirations, ask questions or make any last minute requests.

Days 1-5 Ski touring around Narvik

The main aim of the programme will be to do day ski tours around Narvik. There are a wide variety of mountains available.

A short practical session on avalanche rescue procedures is likely to take place on the first day, as a short refresher or introduction to the subject.

Objectives and associated timings for each day will be chosen and scheduled to meet the weather, avalanche conditions, aims and aspirations of the groups. A typical day is likely to have the following format:

0730: Breakfast

0830: Briefing

0900: Departure

1700: Return to our base at Narvik Hotel Wivel.

1730: Tea & Cake (Fika)

Mountains may include:

Rombakstøtta 1230m, Tredjetoppen 1272m, Gangnesksla 1318m, Middagsfjellet 1118m, Rånkepien 1200m, Simlefjellet 1342m, Kobbenestinden 1004m, Titinden 795m, Stetinden / Halls False Summit 1314m, Presttinden 1336m.

Departure Day: Self transfer from Narvik, options via Harstad/Narvik Evenes Airport (EVE) or by train.