



Tromsø Toppturer – Sample Programme

This is a sample programme, which may vary considerably. The exact programme will depend on the prevailing weather and snow conditions (which can be changeable due to the maritime influence), group experience and aspirations.

Arrival Day:

Timing TBC: Arrive in Tromsø and onward transfer to our accommodation.

1830: Pre-course meeting to introduce Off Piste Performance staff, the area, as well as review weather and avalanche conditions. We will also carry out a kit check and discuss rescue and emergency procedures.

Guidebooks and maps will be available to give an overview of the area along with suitable objectives for the week. We will also discuss aims and aspirations to accommodate these during the week.

1930: Dinner: This will provide another opportunity to discuss any aims, aspirations, ask questions or make any last minute requests.

Day 1 – 6:

Ski Touring around Tromsø, with possible excursions to Kvaløya, Mainland Troms, Malangen and Ringvassøya.

Objectives and associated timings for each day will be chosen and scheduled to meet the weather, avalanche conditions, aims and aspirations of the group. A typical day is likely to have the following format:

0730: Breakfast

0830: Briefing to introduce the venue and groups for the day. This first day often takes the form of a “shake down” day, the location being selected with respect to weather, prevailing avalanche conditions and the nature of the group.

0900: Departure for a day in the mountains. A good selection of objectives can be found a short drive away from our base. On the first day we select a local mountain where we can take the opportunity to test our ski equipment and provide a suitable warm-up. A short practical session on avalanche rescue procedures is likely to take place on the first day, as a refresher or an introduction to the subject.

1600: Return to our base.

In previous years groups have skied: Ullstinden (1078m), Gabrielfjellet (1206m), Tromsdalstinden (1238m), Lille Blåmannan (844m), Kjølén (790m), Fagerfjellet (957m), Gratinden (871m), Nordfjellet (1000m), Kvittfjellet (914m) and Gorzelvtinden (1072m).

Departure Day: Transfer to Tromsø airport (TOS).